

Complete Learning

Outdoor Walks

The idea is to get children looking in more detail at their environment and using mathematical language to describe size.

Research has told us that spending time in a 'green and growing' environment is beneficial to our mental health. Spending time in a wooded area or walking round the trees in the local park is sometimes called 'Forest Bathing'.

Big and small leaves

Can you find a leaf that is smaller than your hand? Can you find one that is bigger than your hand?

Develop children's mathematical thinking using body parts to compare size and compare the sizes of your hand against theirs. A horse's height is measured in hands which used to be the width of a man's hand across the palm by the knuckles. We use a standard 4 inches now.

Find the leaf family

Daddy, Mummy, big sister, the pet and so on. Arrange them in size order. Use different terms to describe them - big, gigantic, enormous, huge – small, tiny, little, teeny-weeny.

Children often find this easier than asking them to find the smallest, the medium sized one and then the biggest. They can relate size to familiar things first. By using different words to describe size, your child will be developing their vocabulary and will become more confident in describing objects scientifically.

Keep the big and small theme going as you walk.

Take giant and tip toe steps.

Jump on the spot and do a long jump.

Find a thick stick, a thin stick, a long stick and a short stick.

Take some pictures on your phone and share!